



New England Skills Challenge

DAY 5 – Connecticut (CT)

Goal: Get 2,000 touches each day to have 12,000 touches this week.

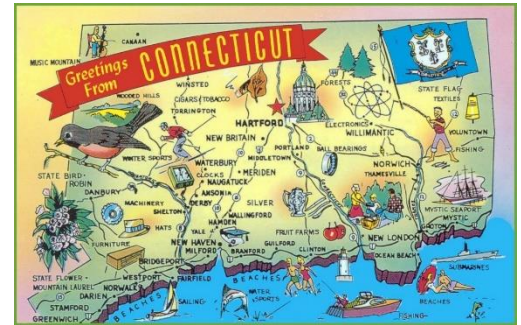
200 Inside-Outside Right – 2 sets

200 Inside-Outside Left – 2 sets

200 Inside Sole-Outside Right – 2 sets

200 Inside Sole-Outside Left – 2 sets

200 Beckenbaurs – 2 sets



[Connecticut Skills Challenge](#)

Far Post Connections to Connecticut:

- Coach Gene Smith grew up playing for Oakwood Soccer Club
- Far Post has had players go on to play college soccer at the following programs: Connecticut College, Fairfield University, University of Hartford, Trinity College, Quinnipiac University and Wesleyan University.
- Coach Anna Krause attended Sacred Heart University in CT and will tell you that the best hiking trails in the state are at Sleeping Giant State Park.

Interesting Facts About Connecticut:

- The name of this state derives from the Native American word Quinnehtukqut. This word is translated as “beside the long tidal river”. The Connecticut River also flows through New Hampshire, Vermont and Massachusetts.
- PEZ Candy is manufactured in Connecticut!
- Arriving in 1614, **the** first settlers in the state were the Dutchmen. The Dutch were fur traders who built a fort near present-day Hartford.
- ESPN, the world’s first sports cable channel was launched in Bristol, Connecticut in 1979.
- 34. Lyme disease (spread by ticks in Northern Hemisphere) was first identified in 1975 in Old Lyme, Connecticut.