



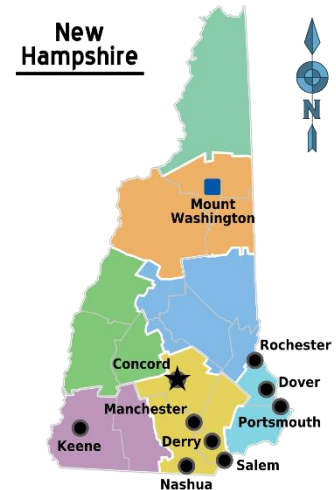
New England Skills Challenge

DAY 2 – New Hampshire (NH)

**Goal: Get 2,000 touches each day to have
12,000 touches this week.**

200 Feint Swipes – 2 sets
200 Scissors – 2 sets
200 Step-Overs – 2 sets
200 Scissor/Step-Overs Right – 2 sets
200 Scissor/Step-Overs Left – 2 sets

[*New Hampshire Skills Challenge Video*](#)



Far Post Connections to New Hampshire:

- Coach Gene Smith is the Head Women's Coach at Colby-Sawyer College and Noah Goss-Woliner was his assistant in the 2019 season.
- Far Post has had numerous players play college soccer at the following schools: Dartmouth College, University of New Hampshire, Southern New Hampshire College, Merrimack College, Colby-Sawyer College, Franklin Pierce University, Plymouth State College and Keene State College
- Coach Corey Cenate attended Plymouth State College in NH and played soccer for all 4 years.
- Coach Adrian Dubois Grew up in NH. He was an All-American and Gatorade Player of the Year in 2005. He also played for the UNH Wildcats.
- Administrator Shelley Forrest attended Plymouth State College in NH, where she played field hockey for all 4 years. That was before her kids taught her all about how awesome soccer is!

Interesting Facts About New Hampshire:

- Mt Washington is the tallest mountain in the Northeast (6,288 ft). Mt Washington held the world record for the highest ground wind speed of 231 mph from 1934 to 1996.
- The first American in space, Alan Shepard, was born in Derry, NH.
- The alarm clock was invented in Concord, NH in 1787.
- Of the original 13 colonies, NH was the first to declare its independence from England – 6 months before the Declaration of Independence was signed.